

Motherhood Express is more than just products. We are specifically dedicated to meeting the needs of the breastfeeding mother.

The Motherhood Express Staff...

- is comprised of women who are trained lactation counselors, here to help you.
- provides knowledgeable assistance with pump selection and flange fittings.
- is **specially trained**, and **certified in bra fitting** for individualized care when selecting your new bras
- is able to assist in determining if a medication is approved for use by a breastfeeding mother

The Motherhood Express Breastfeeding Center...

- welcomes you with a clean, friendly, intimate environment designed with your comfort in mind.
- offers the highest quality breastfeeding accessories to ease your way into motherhood.
- provides **private feeding rooms** available for your use. Stop in and make use of these rooms when you are out shopping.
- offers **FREE weight checks** six days a week with BabyWeigh® Scales
- offers instruction through private newborn massage lessons, breastfeeding classes and *Happiest Baby on the Block* classes.
- **With the purchase of any breast pump** you will receive a gift certificate for a **free 15 minute consultation** with our International Board Certified Lactation Consultant!

Come in today and let the women of **Motherhood Express** help you during this most incredible and rapidly changing time of your life.

Directions to Motherhood Express



From Cincinnati:

- I-75 SOUTH to exit #181
- FLORENCE/BURLINGTON KY 18 at the end of exit ramp turn RIGHT on KY 18

From Lexington:

- I-75 NORTH to exit #181
- FLORENCE/BURLINGTON KY18 at the end of exit ramp turn LEFT on KY 18

Then:

- Go STRAIGHT past the *K Mart* turn RIGHT on HOUSTON ROAD
- On your right you will pass: *Hooter's, Panera Bread and Ethan Allen Furniture*
- Our sign says: **Houston Office Condominiums 7000** Park on the left side of the lot.
- We are in **building #200 downstairs right in the middle, suite #19.**



MOTHERHOOD *Express*



HELPING YOU TO TAKE CARE OF YOUR BABY AND YOURSELF.

Bethany Hanser, IBCLC
International Board Certified
Lactation Consultant

10:00 am—5:00 pm
Monday thru Friday
And
10:00 am—3:00 pm
Saturday

Call for your own
personal, private, appointment today!

859-746-2460



BREASTFEEDING CENTER

7000 Houston Rd
Building 200 Suite 19
Florence, KY 41042

www.motherhoodexpress.com

Need Help? Personal - Professional - Private Lactation Assistance



Motherhood Express provides personal, private, professional assistance every step of the way. From custom fitting for new nursing bras, latching your baby or selection of the best breastpump for your lifestyle!



Why worry about weight gain?



Motherhood Express offers free infant weight checks 6 days a week. Our International Board Certified Lactation Consultant is here to assist you in every way possible.

Nursing and Pregnancy Pillows



The **Utterly Yours™ Breast Pillow** was specially designed by a mom to make nursing a much simpler and hands-free process. The pillow provides the most comfortable breast support and optimal breast position for nursing.



The **Utterly Yours™ Pregnancy Pillow** will help women find the most comfortable resting position with its special revolutionary cubic design. When opened, it forms two triangles. Memory foam on one half of the pillow conforms to the mother's belly. The other half of the pillow is made of higher density foam to support the back while keeping the body positioned to one side comfortably.

The fabric that connects the two sides stretches to accommodate women as their bodies grow throughout their pregnancy.



Motherhood Express is also your source for **Hugster** and **My Best Friend** breastfeeding pillows.

Specialty Products



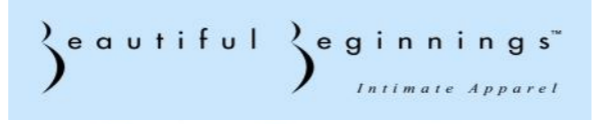
From books and booties to the "No Slippery Hair Clippy"; *Motherhood Express* carries a wide array of specialty products that you and your baby will love!

Gripe Water is a highly effective herbal supplement used for gas and stomach discomfort associated with colic, hiccups and teething. Most babies stop crying within 5-20 minutes.

Morning Sickness Magic Anti-nausea supplement formulated especially for women with morning sickness. Essential herbs and vitamins and drug free.



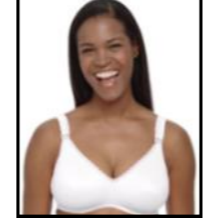
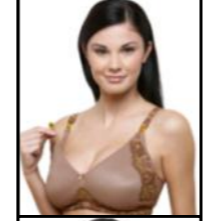
Nursing & Maternity Bras



Need a nursing bra? One of our certified bra fitters will measure and fit you today. Experience the comfort of correct fit!



Now available in extended sizes.



Discover the joy of hands free pumping! With PumpEase™ and Easy Expression™ pumping supports.

Baby Wraps



Come in and try our **Moby™ Wrap** or **Maya™ Wrap** and see just how comfortable baby wearing can be for both you and your baby.



maya wrap

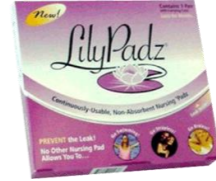
Breastfeeding Accessories



The **MoBoleez™** hats are the only hats designed specially for the breastfeeding baby and mom. Worn by your breastfeeding child while they nurse, *they cover the breast, not the breastfeeding!*



Find **Lily Padz®** reusable nursing pads at *Motherhood Express*. **No more leaking with LilyPadz®!**



Health & Beauty Products



Mustela® products for both mother and baby for when skin needs the most gentle care and its hypoallergenic!



Do You Have Low Milk Supply? Don't abandon the important bonding and health benefits of breastfeeding due to concerns about milk supply. **Motherlove® Herbal Co.** has the finest quality products.



Several of these different herbal products generally show an increase in milk production within 24-48 hrs.

Breast Pumps

Returning to work or school? Which pump? - When to pump? - How long to pump? *Motherhood Express* has the answers!



Symphony®, Classic®, or Lactina® pump rentals.

Ready to purchase a pump? Our staff will help you select the appropriate pump for your needs from our complete selection:

- Medela Pump in Style® Advanced (Backpack & Shoulder Bag versions)
- Medela Pump in Style® Advanced Metro Bag
- Medela Single Deluxe™
- Medela Swing™
- Medela Harmony™
- Bailey Nature III
- The top of the line Medela Free Style™ Handsfree

Lactation Consultation Gift Certificate Included FREE with purchase of any breast pump (15 minute value)